



www.integrationsolutions.org

Trauma and Resilience Basic Train the Trainer Training (8 hours)

Course Description:

This course is designed to prepare selected trainers to utilize the Trauma and Resilience Basics Course in their training work within their agency as well as in offering it to community partners.

The course involves:

- Selected Trainers will participate in a 90 minute webinar with Dr. Jackson to prepare them for the 8 hour Train the Trainer Session and give them opportunity to review all materials and organize them prior to training day (recommended 3 weeks prior to Train the Trainer Session)
 - Note this session is recorded so if a trainer misses this webinar they are required to watch the 90 minute webinar prior to Train the Trainer
- Taking the 3-4 hour Trauma and Resilience Basics Workshop as a participant
- Participating in a 8 hour Train the Trainer session with a Certified Train the Trainer (Dr. Allison Jackson)
- During the 8 hour session, participants will actively work in groups to prepare the material for their skill section and actually present this material to the group
- Participants will be given feedback on the strengths and opportunities for growth in their presentation delivery
- All participants are given access to google drive account where all materials they need for providing this training are located

For more information about this Workshop Offering please contact us at
804-205-4461 or rlesine@integrationsolutions.org
www.integrationsolutions.org



www.integrationsolutions.org

Learning Collaborative for Trauma and Resilience Basics Train the Trainer

- 6 month learning collaborative, 90 minutes per month
- Determination of length can be made based on experience over 6 month and a 3 month extension requested and contracted for if needed at that time
- Involves selected a Regular Monday or Friday 90 minute time period to have webinar calls for trainers each month
- Calls will be recorded on stored on google drive link for those who miss class or want to re-watch
- Call Agendas will move through the sections of the workshop and focus on building skills to teach this content
- 30 minutes plus will be reserved for questions and concerns where participants can express needs and get feedback to enhance their training abilities

For more information about this Workshop Offering please contact us at
804-205-4461 or rlesine@integrationsolutions.org
www.integrationsolutions.org